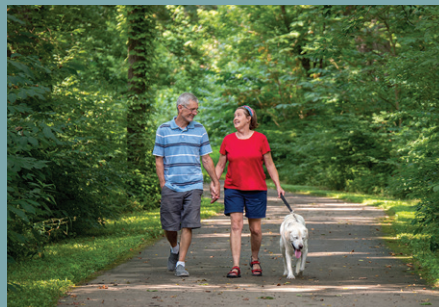


Gahanna Parks and Recreation

FALL 2021



SPECIAL EVENTS



ACTIVE SENIORS



RECREATION & SPORTS

Fall Programs Guide

Fall is time for crisp, cool weather, perfect to get outside and enjoy your Gahanna parks. Please take a moment to review the events and activities made available to you. We are excited to bring back the Great Gahanna Goblin Trail this October. The Goblin trail is a drive-through event located at Academy Park. You will be amazed by some spooky surprises appropriate for the entire family. Be sure to visit ExploreGahannaParks.com to stay updated on all new programs, classes and events. We are looking forward to a fun and active fall/winter season. Thank you for exploring with us.

ACTIVE SENIORS

Grandparents Day Pancake Breakfast

Sponsored by: Debbie McNichols
ReMax Connection
Senior Center
Thursday, Sept. 9 | 10 am

Fall Fireside Feast

Enjoy food, hayrides, a cozy fireplace, hot cocoa and s'mores. Free program.
Hannah Park Shelter
Thursday Oct. 14 | 12 pm

Halloween Party & Bingo

Complimentary Food and Drink
Cost: \$2 per person
Senior Center
Thursday, Oct. 20 | 10 am

Veterans Day

Celebratory Coffee and Donuts for Veterans
Senior Center
Thursday, Nov. 11 | 9 am

Thanksgiving Lunch

Cost: \$5 per person
Senior Center
Thursday, Nov. 18 | 11 am

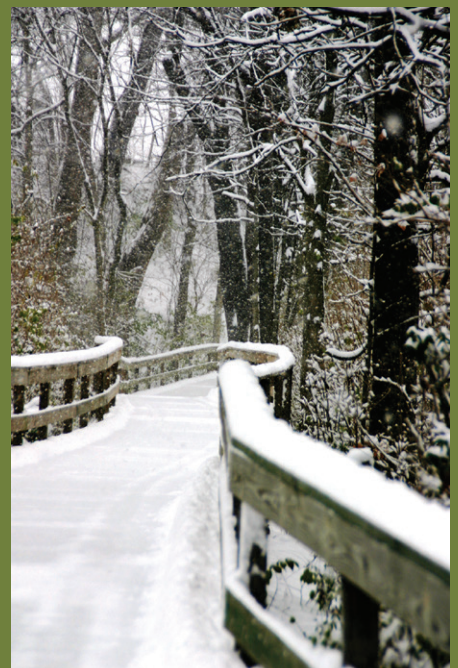
Holiday Brunch & Craft Market/Bazaar

Cost: \$2 per person
Senior Center
Thursday, Dec. 9 | 10am

Senior Center Hours:
8:30 am-4 pm

Membership: \$30 R/\$40 NR

For more information about our memberships, special events and daily activities, visit or call (614-342-4265) the Gahanna Senior Center, 480 Rocky Fork Blvd.





SPECIAL EVENTS

Creekside Blues & Jazz Festival

Hosted by Visit Gahanna

Gahanna Ohio's annual signature festival returns, celebrating 22 years of outstanding blues and jazz music! The 3-day cultural celebration, presented by Visit Gahanna, features live entertainment on three stages, mouth-watering cuisine, regional artisans and activities that include:

- Ohio's BEST blues + jazz music on the Toyota Direct Electric Blues Stage and the Heartland Bank Jazz Stage
- Volunteer! Join the fun and receive a free T-shirt and more: CreeksideBluesandJazz.com

Sept. 17-19, 2021
Creekside District

Creekside Hops & Vines Fest

Hosted by the Gahanna Parks & Recreation Foundation

Enjoy a special night out with Creekside Hops & Vines Fest: a craft beer and wine tasting event hosted by Gahanna Parks & Recreation Foundation.

Sample popular Columbus craft beers, wine, and liquor from Central Ohio breweries, Ohio and National wineries, and Ohio distilleries. The event also includes live music and food! The proceeds of Creekside Hops & Vines Fest help support youth camp scholarships, projects, and park improvements in the Gahanna Community.

Saturday, Oct. 2, 6-11 pm
Creekside Plaza

Tickets: GahannaPRF.org

Creekside Glow Run

Presented by Tina Wedebrook, ReMax Connection

Enjoy an evening outdoors with your friends and family – in a safe and responsible manner. The Creekside Glow Run, a 5k run/walk featuring a beautifully designed "glowing" race course and lively music, is an opportunity for you to shine your light on Gahanna in an active and fun way to spend your evening! All levels of runners and walkers are welcome. Go at your own pace, as this is for fun.

RACE COURSE: The racecourse will begin and end at the front of Creekside Plaza and will go through the Big Walnut Trail.

Saturday, Oct. 9, 7-10 pm
Creekside Park & Plaza

Great Gahanna Goblin Trail

Experience a festive drive-through experience celebrating all things Halloween, including live entertainment, a choreographed light show, fire performers, stilt walkers, animated projections, trick-or-treating from the comfort of your own car and many more surprises along the way!

Attendees are encouraged to come in costume and decorate your vehicle. All occupants must be in their own seat and vehicles are limited to cars, SUVs, trucks or vans (no RVS or buses). All tickets must be purchased in advance (no on-site tickets will be available for purchase). Note: Event sells out quickly.

Oct. 21 – 22, 6 pm – 9:30 pm
Academy Park | \$15 per car

Gahanna.gov/ParksandRecEvents

Holiday Lights

Hosted by Visit Gahanna

The Holiday Lights Celebration welcomes the season with a magical tree lighting in the beautiful Creekside District. It's a great way to spend some quality time with those you love before the holidays!

Sunday, Nov 21
Creekside Park & Plaza

More information at VisitGahanna.com

OUTDOOR EXPERIENCES

Celebrate "National Take a Hike Day" with Gahanna Parks & Recreation!

This National Take a Hike Day, take a midday break and hit the trails right here in Gahanna! Why take a hike? It's a chance to breathe some fresh air, get your heart pumping, flex your muscles and burn some calories while enjoying the solitude of nature or time with friends. Staff from Parks & Recreation will provide a brief introduction to trail etiquette and help you orient yourself to the trails which will be marked for ease of use and provide a choice of approximately 1 mile or 2.3 mile walks.

Wednesday, Nov. 17, 11am

Registration Fee: Registration is not required for this FREE program.

Location: Gahanna Woods Park & State Nature Preserve

#OptOutside this Black Friday

Look for more details to come from Gahanna Parks & Recreation about how you can spend time connecting with family and nature in the great outdoors!

Friday, Nov. 26

RECREATION & SPORTS

Amazing Athletes

Amazing Athletes is a program focused on physical development. Teaching methods are based on age, with toddler classes focused on discovery-based learning, to help children engage in structured physical activities. Older classes encourage the exploration and development of a variety of athletic skills through the introduction of 10 different sports.

Coaches break the fundamentals of each sport down into simple steps based on each child's age and ability. Their goal is to create fun environments that establish a lifetime connection to sports and physical activity.

74261.301
Thursdays
5:30-6 pm
Amazing Tots
Sept. 16-Oct. 21
Age: 1.5-2.5

74262.301
Thursdays
6-6:30 pm
Amazing Athletes
Sept. 16-Oct. 21
Age: 2.5-4

74262.302
Thursdays
6:30-7:15 pm
Amazing Athletes
Sept. 16-Oct. 21
Age: 5-6

RD/NR: \$54/\$65

Location: Golf Course Clubhouse

Yoga Based Movement Class

Join Sue Johnson, E-RYT500 and 22 years of experience, in this yoga- based movement class to soothe body and spirit. While yoga is a spiritual practice coming from India and involves "eight limbs" or focuses, this class is all about movement and poses. These will teach you to stretch and strengthen your muscles, providing a release of tension, improving balance and bone strength. Breath practices link the body, mind, and spirit along with mindfulness and meditation, providing peace and ease to all parts of your being. All levels welcome.

72012.303
Tuesdays
6:30-7:45 pm
Yoga Based Movement
Sept. 14-Oct. 12
Ages: 14+

72012.304
Wednesdays
10:30-11:45 am
Yoga Based Movement
Sept. 15-Oct. 13
Ages: 14+

Nov-Dec class registration coming soon!

RD/NR: \$80/\$96

Location: Golf Course Clubhouse

Fit Kids

This VIRTUAL fitness class is lead by Coach Shellie Edington. A master CrossFit Games World Champion, Shellie has been investing in children's fitness for over 20 years. Join coach Shellie Edington in a virtual athletics class with an all-inclusive physical preparedness program that is age-appropriate and fun!

74256.307
Mondays
4:30-5 pm
Fit Kids – VIRTUAL
Oct. 4 - 25
Age: 4-5

74256.308
Mondays
5:15-5:45 pm
Fit Kids – VIRTUAL
Oct. 4 - 25
Age: 6-10

RD/NR: \$29/34.80

Fitness with Shellie

This VIRTUAL fitness class is lead by Coach Shellie Edington. All you need is you and a backpack! If you have a barbell, dumbbells or kettlebells – you can definitely use them. Each workout consists of joint mobilization, full body warm up, strength development and workout which is based on your relative intensity. All movements will be explained and demonstrated as well as modifications. No weights are recommended when learning new lifts or movements.

72034.307
Mondays
Wednesday
6:00-6:45 am
Fitness with Shellie – VIRTUAL
Oct. 4-25
Oct. 6-27
Ages: 18+

RD/NR: \$29/\$34.80

Women's-Only Self Defense Class

Hosted by Gahanna Police Lt. Matt Kissel, this class will cover multiple subjects. We will learn how victims are picked from a crowd, situational awareness techniques, and simple, easy to remember tactics to avoid grabs and holds by an attacker. Comfortable clothing with athletic footwear is appropriate.

62272-304
Saturday
9:00-11:00 am
Women's-Only Self Defense
Oct. 9
Ages: 18+

FREE

Location: Senior Center



For more information, go to
ExploreGahannaParks.com
or scan this QR code:



For more information about these events or to register, visit **ExploreGahannaParks.com** *Note: Events are subject to change. Please confirm details before you go.*